



## Driving Safety Talk

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### 1. Introduction (1-2 minutes)

#### Why It Matters:

Welcome everyone! Today's safety talk focuses on **Driving Safety**. Driving is one of the **most dangerous things we do every day** — and often the most overlooked. Whether you're behind the wheel of a car, truck, or van, one mistake can cost a life — yours or someone else's.

Work-related vehicle accidents are a **leading cause of injury and death**. But nearly all are **preventable**.

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### 2. Key Safety Points (3-5 minutes)

#### *Top Causes of Driving Accidents*

- **Distracted Driving** – Texting, eating, adjusting the GPS
- **Speeding** – Rushing to save a few seconds can cost lives
- **Fatigue** – Driving while tired is like driving drunk
- **Impaired Driving** – Alcohol, drugs, and even prescription meds
- **Not Wearing a Seatbelt**
- **Poor Weather or Road Conditions**

#### *Safe Driving Tips*

- **Before You Drive**
  - Inspect your vehicle — check tires, lights, brakes, mirrors
  - Secure tools and equipment
  - Clean your windshield and windows
  - Plan your route and allow extra time
- **While Driving**
  - Wear your seat belt every time
  - Stay off your phone - no calls or texts while driving
  - Drive the speed limit or slower in poor conditions
  - Keep at least 3 seconds of following distance
  - Use turn signals and check blind spots



- **If You're Extremely Fatigued**
    - Don't drive
    - Take breaks on long drives
    - Rotate drivers if possible
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### 3. Demonstration & Checklist (3-5 minutes)

- **Interactive Segment:** Invite questions and clarify any concerns.
    - "What's the biggest driving hazard you face in your daily route?"
    - "Have you ever felt too tired or distracted to drive? What did you do?"
    - "What would you do if a coworker was texting while driving?"
    - "Are you aware of UNC Charlotte Policy 604?"
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### 4. Conclusion (2 minute)

- **Summary:** Every time you get behind the wheel, you're making a choice — to drive safely or take a risk. That choice affects you, your family, and everyone else on the road.
  - **Call to Action:** "Let's all lead by example and drive safely."
  - **When to Call Emergency Services:**
    - Call 911 or local emergency services if the injury is life-threatening, or if you're unsure about the severity.
  - **Report Accidents:**
    - Always report any workplace injury, no matter how minor it seems, to your supervisor or EHS office for documentation and follow-up.
    - Ensure the injured person receives proper medical attention.
  - **Thank you:** "Thank you for your time and attention today. Safety is everyone's responsibility. Stay alert, stay safe!"
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