



Slips, Trips and Falls Safety Talk

1. Introduction (1-2 minutes)

Why It Matters:

Welcome everyone! Today's safety talk focuses on **Slips, Trips, and Falls**, which is the leading workplace injury category.

2. Key Safety Points (3-5 minutes)

Common Causes:

- Wet or oily floors
- Uneven walking surfaces
- Poor lighting
- Cluttered walkways
- Cords and hoses across walk areas
- Inappropriate footwear

Prevention Tips:

- **Wear the Right Footwear**
 - Non-slip soles
 - Closed-toe shoes
 - Properly fitted boots/shoes
- **Practice Good Housekeeping**
 - Clean spills immediately
 - Keep walkways clear of tools, cords, and debris
 - Use proper storage for materials
- **Stay Aware of Your Surrounds**
 - Don't rush or walk distracted
 - Use handrails on stairs



- Don't carry loads that block your vision
 - **Mark Hazards Clearly**
 - Use Wet Floor signs
 - Place warning tape or cones around uneven areas
 - Report damage flooring or lighting
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3. Demonstration & Checklist (3-5 minutes)

- **Interactive Segment:** Invite questions and clarify any concerns.
 - You're walking across campus and notice several pedestrian pathway brick pavers are missing. You're in a rush. What do you do?
 - Discussion:
 - Stop and report it
 - Put up a warning sign
 - Assume someone else will take care of it
 - Have you noticed any missing or unclear signage in our work area?
 - **Real-Life Example** - Over time, people become desensitized to repeated warnings, especially if no incident has occurred. This can lead to the perception that a warning is an overreaction and can be ignored. For example, an experienced worker entered a restricted area that had clear hazard warning signage stating: "DANGER: High Voltage Area – Authorized Personnel Only." The individual, assuming there was no immediate danger, bypassed the sign to take a shortcut to another section of the site. Though no injury occurred, they came within close proximity of exposed electrical energized equipment. The situation was immediately reported and the worker was safely removed from the area.
 - **Why It Happened:**
 - The worker **ignored posted warning signage**.
 - The worker was **rushing** and chose convenience over safety.
 - There was a **lack of reinforcement** about safety signage by management.
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4. Conclusion (2 minute)



- **Summary:** It's not the fall that hurts the most—it's the landing... and the paperwork." Take a few seconds to do things safely. Slips, trips, and falls aren't accidents—they're preventable.
 - **Call to Action:** Always check to ensure walkways are clear and dry. Make sure all cords are secured or rerouted to prevent trips. Make sure to wipe your shoes on the floor mat as you enter a building. Make sure lighting is adequate. Never stand on chairs to reach high objects. When using ladders select the appropriate type and size. Always use handrail and never jump down the stairs. Always report unsafe conditions.
 - **Thank you:** "Thank you for your time and attention today. Safety is everyone's responsibility. Stay alert, stay safe!"
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