



Winter Weather Safety Talk

1. Introduction (1-2 minutes)

Why It Matters:

Welcome everyone! Today's safety talk focuses on **Winter Weather Safety**. Winter brings serious hazards: **cold stress, icy surfaces, reduced visibility, dangerous driving conditions, and power outages**. Whether you're working outdoors or just commuting to work, preparation and awareness can prevent injuries and even save lives.

Every year, thousands of injuries and fatalities are caused by:

- **Slips and falls on ice**
 - **Cold-related illnesses** (frostbite, hypothermia)
 - **Weather-related crashes**
 - **Carbon monoxide exposure** during power outages
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2. Key Safety Points (3-5 minutes)

Winter Hazards and Safety Tips

Hazards	Safety Tips
Cold Stress & Hypothermia	<ul style="list-style-type: none">• Dress in layers: moisture-wicking base, insulation, and waterproof outer layer• Wear a hat, gloves, insulated boots, and neck covering• Stay dry — wet clothing increases heat loss• Take warm-up breaks in heated areas• Watch out for coworkers showing signs of cold stress



Slips, Trips, and Falls on Ice	<ul style="list-style-type: none">• Walk like a penguin: short steps, flat feet, arms out for balance• Wear slip-resistant boots• Use salt or sand on icy surfaces• Keep hands free — don't walk with hands in pockets • Report ice hazards promptly• Use handrails when available
Driving in Winter Conditions	<ul style="list-style-type: none">• Slow down and leave extra space• Clear all windows, mirrors, and lights before driving• Keep an emergency kit: blankets, flashlight, food, water, phone charger• Use winter tires or chains when needed• Don't drive drowsy — winter driving requires full focus• Let someone know your route and ETA

3. Demonstration & Checklist (3-5 minutes)

- **Interactive Segment:** Invite questions and clarify any concerns.
 - How do you prepare for cold weather at work or home?
 - Have you or a coworker ever experienced frostbite, slips, or close calls in winter?
 - What's your vehicle emergency plan for winter driving?

4. Conclusion (2 minute)

- **Summary:** Winter doesn't wait for you to be ready — prepare ahead, dress right, and take your time. Stay alert, stay warm, and don't let winter catch you off guard.
- **Call to Action:** Let's all ensure we follow winter weather safety tips. Know the plan for snow days or office closures, stock emergency supplies, use generators outside only and keep phones charged.



- **When to Call Emergency Services:**
 - Call 911 or local emergency services if the injury is life-threatening, or if you're unsure about the severity.
- **Report Accidents:**
 - Always report any workplace injury, no matter how minor it seems, to your supervisor or EHS office for documentation and follow-up.
 - Ensure the injured person receives proper medical attention.
- **Thank you:** "Thank you for your time and attention today. Safety is everyone's responsibility. Stay alert, stay safe!"